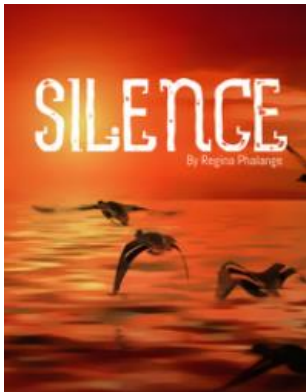


Home learning day 4 – March 26th

9.00 – 9.30 Reading

Look at this book's title and front cover:



What do you predict this story will be about?

9.30-10.30 My Maths, Times Tables Rock Stars

Log in to times table rock stars and practise your times tables. If you cannot please see sheet attached.

10.30– Written task, spelling and handwriting.

Can you write a diary entry from the point of view of an animal? This can be any animal of your choice.

Don't forgot to write in first person!

11.30: – Foundation subject task

ICT

Log in to CODE.ORG using your log in details. Complete the next few challenges on your account. Class log in code: 3L (YZRSWS), 3F (VBLPVD).

P.E

See challenge card attachment.

13:00 – Family time

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8x2=	4x3=	2x6=	5x5=	8x10=
8x3=	2x9=	9x9=	8x9=	2x2=
3x5=	2x4=	4x5=	5x3=	8x5=
2x10=	10x9=	7x9=	5x10=	7x10=
3x6=	6x9=	7x2=	5x4=	6x5=
3x4=	4x6=	4x10=	6x10=	3x9=
11x9=	3x10=	7x5=	5x6=	9x3=
7x3=	9x5=	4x4=	11x4=	9x10=
5x9=	6x3=	4x9=	10x6=	9x4=
12x4=	6x4=	10x5=	6x6=	10x10=
7x6=	12x9=	2x3=	11x5=	12x3=
10x3=	12x5=	11x10=	7x4=	6x8=
8x6=	12x10=	12x6=	11x6=	10x4=
8x4=	11x3=	9x6=	3x8=	3x7=

JOGGING
High knees and drive arms
Soft feet by keeping heels off the floor

CHALLENGE ▽
To jog for the count of 10

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

FRONT BRIDGE
Hands and feet only on the floor
Lift up and hold body keeping back and arms straight

CHALLENGE ▽
To hold for the count of 10

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

JUMPING SIDE TO SIDE
Jump in a sideways direction keeping feet together
Land with soft feet & bent knees

CHALLENGE ▽
To do 10 with the correct technique

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

STAR JUMPS
Jump with your arms and legs out to make a star shape
Jump back in to start position

CHALLENGE ▽
To do 10 with the correct technique

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

SINGLE LEG BALANCE
Stand on 1 leg with arms out to the side
Hold balance by keeping still

CHALLENGE ▽
Hold for the count of 10 on each leg

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Wow!

You completed the challenge!

Can you complete this 6 times in total before your next assessment?

Tick a box each time you complete a challenge

Challenge! Can you be active today? What games could you play?

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