

ONE

TWO

THREE

AVAILABLE EVERY DAY...

7 Jan, 28 Jan,
25 Feb, 18 March

14 Jan, 4 Feb,
4 Mar, 25 Mar

21 Jan, 11 Feb,
11 Mar, 1 Apr

MONDAY

Sausage & Mash with Gravy
Vegetable Wholemeal Pasta Bake

Sweetcorn & Green Beans

Apple & Strawberry Strudel
with Custard
Yoghurt / Fresh Fruit

TUESDAY

Macaroni Pastitsio
Wholemeal Spinach & Tomato Quiche
with New Potatoes

Coleslaw & Peas

Pear Crumble & Custard
Yoghurt / Fresh Fruit

WEDNESDAY

Roast Pork Loin
with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes
& Gravy

Carrot & Swede Mash

Oaty Cookie
Yoghurt / Fresh Fruit

THURSDAY

Chicken Arrabiata Pasta Bake
Soya Mince & Vegetable Stir Fry
with Noodles

Sweetcorn & Mixed Peppers

Pineapple Upside Down Cake
with Custard
Yoghurt / Fresh Fruit

FRIDAY

MSC Battered Fish with
Chips & Tomato Sauce
Glamorgan Sausage with Chips

Baked Beans & Garden Peas

Yoghurt / Fruit Station

Hot Dogs with Homemade Tomato
Sauce & Homemade Jacket Wedges
Quorn Mince Vegetarian Chilli
with Rice

Baked Beans & Sweetcorn

Chocolate Shortbread
Yoghurt / Fresh Fruit

Chicken & Sweetcorn Puff Pastry Pie
with New Potatoes & Gravy
Lentil & Vegetable Curry with Rice

Broccoli & Sliced Carrots

Banana Sponge & Custard,
Yoghurt / Fresh Fruit

Roast Turkey with Roast Potatoes
& Gravy
Cheese & Pepper Whirl
with Roast Potatoes

Medley of Vegetables

Apple, Cheese & Biscuits
Yoghurt / Fresh Fruit

Spaghetti Bolognese
Quorn & Mixed Bean Cassoulet
with Mash Potato

Peppers & Sweetcorn

Wholemeal Mixed Fruit Crumble
& Custard
Yoghurt / Fresh Fruit

MSC Battered Fish with Chips
& Tomato Sauce
Cheese Tomato & Spinach Frittata
with Chips

Baked Beans & Garden Peas

Yoghurt / Fruit Station

Wholemeal BBQ Chicken Pizza
with Potato Wedges
Quorn Sausages in a Hot Dog Roll
with Potato Wedges

Sweetcorn & Mixed Salad

Oaty Peach Crumble & Custard
Yoghurt / Fresh Fruit

Beef & Vegetable Hotpot
with Sliced Potatoes

Creamy Broccoli Pasta Bake

Green Beans & Carrots

Lemon & Mixed Berry Cake
Yoghurt / Fresh Fruit

Roast Chicken & Stuffing
with Roast Potatoes & Gravy
Spiced Vegetable, Chickpea & Soya
Pattie with Roast Potatoes & Gravy

Broccoli & Cauliflower

Mandarins & Ice Cream
(Vanilla Shortbread for Dining Centres)
Yoghurt / Fresh Fruit

Beef Tortilla Stack & Rice
Vegetable & Apricot Tagine
with Couscous

Vegetable Medley

Chocolate & Mandarin Brownie
Yoghurt / Fresh Fruit

MSC Salmon Fish Fingers
with Chips & Tomato Sauce
Wholemeal Cheese & Tomato Pizza
with Chips

Baked Beans & Garden Peas

Yoghurt / Fruit Station

Bread

freshly baked on site daily

Daily salad selection

there will be a selection of salad items available daily

Fresh Fruit & Yoghurt

available daily

WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards

We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.



Vegetarian option



Oily fish



Marine Stewardship Council details
Web: www.msc.org
Chain of Custody
Registration Code
NIML - C 1009